

YOLO COUNTY
Alternatives to Incarceration for the Mentally Ill (AIM II) – (\$700,000 grant)

Yolo County's AIM II project is rooted in the evidence-based Assertive Community Treatment (ACT) model and will provide fully integrated, cultural and gender competent services to approximately 60 mentally ill offender clients. The core of the AIM II project is the ACT team comprised of an Alcohol and Drug Mental Health (ADMH) Program Coordinator, Probation Officer, Alcohol and Drug Counselor, Psychiatric Health Specialist, Mental Health Clinician and a Psychiatrist. Treatment is available to clients on a 24/7 basis. Direct services include counseling, cognitive behavior therapy, psychoeducation, integrated substance abuse and mental health treatment, supported employment, peer counseling, family education and trauma treatment. Program participants receive identification cards to distinguish them as AIM clients in order to redirect local law enforcement encounters to the ACT team or crisis intervention services.

Following an in-custody screening and assessment, individualized treatment and service plans will be provided to each AIM participant. Treatment takes place in a phased approach—first, individuals receive Intensive Service for approximately 10 months. This phase includes assertive case management, group and individual therapy, peer support, crisis team assistance, medication management, substance abuse treatment, drug testing, vocational and community socialization skills training, client and family education/support, transportation, finance management training, support for daily living activities and, if necessary, gender-based trauma services.

Transitional and Maintenance Service phases become part of the step-down component of the program. These phases will provide similar services to the Intensive Service treatment plan but the frequency of contact with the ACT team and patient participation is dramatically reduced. Linkages to regular public mental health system agencies will be provided for ongoing treatment, support and medication management.

Project Directors:

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